



How to Make Spicy Recycled Soap

Materials needed:

- Muffin tin or soap mold
- Bar of glycerin (available at craft shops)
- Recycled soap bits (leftover from your soap dish)
- Essential oils of your choice
- Herbs and spices of your choice (optional)
- Food coloring (optional)

If you are using a microwave:

- Pyrex or other microwave-safe, pourable container

If you are using a stovetop:

- Heat-proof plastic bags (available at craft shops)
- Medium saucepan

Microwave Directions:

1. Cut up glycerin bar into small (1-inch) pieces.
2. Put glycerin pieces into pyrex container and microwave on high for 40 seconds, then at 10-second intervals until melted.
3. Add essential oil to melted glycerin, about 10 drops per bar of soap.
4. Add herbs, spices, and/or coloring to melted glycerin if desired.
5. A film will have formed on the surface of the melted glycerin. Pull the film aside with a fork and pour glycerin into muffin tins or soap molds.
6. Add recycled soap bits and flowers/herbs for decoration if desired.
7. Let harden for 20-30 minutes.
8. Remove soap bars from muffin tin with a butter knife.
9. Leave soap unwrapped for 2 days to harden fully.

Stovetop Directions:

1. Cut up glycerin bar into small (1-inch) pieces.
2. Put glycerin pieces into heat-proof bag and secure with a twist-tie.
3. Fill saucepan with 2-3 inches of water and bring to a boil.
4. Place heat-proof bag into boiling water until glycerin melts, about 10 minutes.
5. Continue steps 3-9 above.